



Easter Pool Timetable

5 - 23 April

Enrol in our Swim School - visit colchesterleisureworld.co.uk/swimschool

AquaFun – a bumper fun-packed session. Take the AquaFun challenge and run on the giant inflatable.

AquaSplat – a fun inflatable submarine in the teaching pool. For under 5's and non-swimmers.

Teaching Pool
Ideal for absolute beginners and children

Fitness Pool
25 metre, competitive standard 6 lane pool (20 metres when diving board in use)

Dive Pit
Available for deep water workouts

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
Friday 5 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Schools	Public				Lessons	Public, *2 lanes lessons	Colchester Swim Club	Essex Uni, Swim, Water Polo Club	Public, *3 lanes Tri Club					
	Teaching Pool		Water Workout		Schools	Lessons	Public				Lessons	Public							
	Dive Pit				Schools			Staff Training		Lessons		Colchester Swim Club	Essex Uni, Swim, Water Polo Club	Public					
	Leisure Pool				Lessons	Parent & Toddler	Public, Flumes 12.30-6pm, No Rapids												
Saturday 6 April	Fitness Pool	Public			Lessons			Public, *3 lanes public, 3 lanes lessons 12-1pm	AquaFun		Public	Phoenix Swim Club		Scuba Club					
	Teaching Pool	Public			Lessons				Public	AquaSplat	Available for Private Hire	Phoenix Swim Club	Closed Club Hire						
	Dive Pit				Lessons				Public, with Diving Board	AquaFun	Public	Phoenix Swim Club		Scuba Club					
	Leisure Pool			Lessons	Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm												Available for Private Hire		
Sunday 7 April	Fitness Pool	Colchester Swim Club			Public				AquaFun		Public, shared with Lifesaving	Lifesaving	Water Polo Club						
	Teaching Pool		Lessons			Public				AquaSplat	Available for Private Hire	Public							
	Dive Pit		Colchester Swim Club	Public, with Diving Board 1-2pm				AquaFun	Public		Lifesaving	Water Polo Club							
	Leisure Pool		Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm subject to weather conditions												Available for Private Hire				
Monday 8 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public				AquaFun		Public	Colchester Swim Club	Public		Ladies Only	Free Diving		
	Teaching Pool		Water Workout	Holiday Lessons	Kids Camp	Public				AquaSplat		Public							
	Dive Pit					Deep Water Workout	Public, with Diving Board 1-2pm		AquaFun	Public	Colchester Swim Club	Public	AquaBump	Deep Water Workout					
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Tuesday 9 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public	Ladies Only	Public				Colchester Swim Club		Public, *2 lanes Phoenix 6.30-7.30pm, 3 lanes Water Polo 8.30-9pm	Water Polo Club				
	Teaching Pool		Water Workout	Holiday Lessons	Kids Camp	Public				AquaSplat		Public							
	Dive Pit					Deep Water Workout	Public, with Diving Board 1-2pm		AquaFun	Public	Colchester Swim Club	Public	Water Polo Club	Scuba Club					
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Wednesday 10 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public				AquaFun		Public	Colchester Swim Club	Ladies Only					
	Teaching Pool			Holiday Lessons	Kids Camp	Public				AquaSplat		Public							
	Dive Pit		Deep Water Workout				Public, *with Diving Board 1-2pm	AquaFun	Public		Colchester Swim Club	Deep Water Workout							
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Thursday 11 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public	Ladies Only	Public				Colchester Swim Club		Public, *2 lanes Phoenix 6.30-7.30pm	Water Polo Club				
	Teaching Pool			Holiday Lessons	Kids Camp	Public				AquaSplat		Public							
	Dive Pit					Public, *with Diving Board 1-2pm	AquaFun	Public	Colchester Swim Club	Public									
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Friday 12 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public				Colchester Swim Club		Essex Uni, Swim, Water Polo Club	Public, *3 lanes Tri Club						
	Teaching Pool		Water Workout	Holiday Lessons	Kids Camp	Public				Colchester Swim Club		Essex Uni, Swim, Water Polo Club	Public						
	Dive Pit					Public				Colchester Swim Club		Essex Uni, Swim, Water Polo Club	Public						
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Saturday 13 April	Fitness Pool	Public			Public				AquaFun		Public	Phoenix Swim Club		Scuba Club					
	Teaching Pool	Public			Public				AquaSplat	Available for Private Hire	Phoenix Swim Club	Closed Club Hire							
	Dive Pit					Public, with Diving Board	AquaFun	Public	Phoenix Swim Club		Scuba Club								
	Leisure Pool				Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm												Available for Private Hire		
Sunday 14 April	Fitness Pool	Colchester Swim Club			Public				AquaFun		Public	Water Polo Club							
	Teaching Pool			Public				AquaSplat		Public									
	Dive Pit		Colchester Swim Club	Public, *with Diving Board 1-2pm				AquaFun	Public	Water Polo Club									
	Leisure Pool			Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm												Available for Private Hire			
Monday 15 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public				AquaFun		Public	Colchester Swim Club	Public	Ladies Only	Essex Uni, Free Diving			
	Teaching Pool		Water Workout		Kids Camp	Public				AquaSplat		Public							
	Dive Pit					Deep Water Workout	Public, *with Diving Board 1-2pm		AquaFun	Public	Colchester Swim Club	Public	AquaBump	Deep Water Workout					
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Tuesday 16 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Ladies Only	Public				Colchester Swim Club		Public, *2 lanes Phoenix Swim Club 6.30-7.30pm, 3 lanes Water Polo 8.30-9pm	Water Polo Club						
	Teaching Pool		Water Workout		Kids Camp	Public				Colchester Swim Club		Public	Water Polo Club	Scuba Club					
	Dive Pit				Deep Water Workout	Public				Colchester Swim Club		Public	Water Polo Club	Scuba Club					
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Wednesday 17 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Holiday Lessons	Public				AquaFun		Public	Colchester Swim Club	Ladies Only					
	Teaching Pool				Kids Camp	Public				AquaSplat		Public							
	Dive Pit		Deep Water Workout			Public, *with Diving Board 1-2pm	AquaFun	Public		Colchester Swim Club	Deep Water Workout								
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Thursday 18 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Ladies Only	Public				AquaFun		Public	Colchester Swim Club	Public, *2 lanes Phoenix Swim Club 6.30-7.30pm					
	Teaching Pool				Kids Camp	Public				AquaSplat		Public							
	Dive Pit					Public, *with Diving Board 1-2pm	AquaFun	Public	Colchester Swim Club	Public									
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-6pm, Rapids 12.30-4.30pm														
Good Friday 19 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Public				Public		Public								
	Teaching Pool		Water Workout	Public				Public		Public									
	Dive Pit			Public				Public		Public									
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-5pm, Rapids 12.30-4.30pm														
Saturday 20 April	Fitness Pool	Public			Public				AquaFun		Public	Phoenix Swim Club		Scuba Club					
	Teaching Pool	Public			Public				AquaSplat	Available for Private Hire	Phoenix Swim Club	Closed Club Hire							
	Dive Pit					Public, *with Diving Board	AquaFun	Public	Phoenix Swim Club		Scuba Club								
	Leisure Pool			Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm												Available for Private Hire			
Easter Sunday 21 April	Fitness Pool	Colchester Swim Club			Public				AquaFun		Public	Public							
	Teaching Pool	Public			Public				AquaSplat		Public	Public							
	Dive Pit	Public, *with Diving Board 1-2pm			Public				AquaFun		Public	Public							
	Leisure Pool	Public, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm																	
Bank Holiday Monday 22 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Public				AquaSplat		Public								
	Teaching Pool	Public			Public				AquaSplat		Public								
	Dive Pit	Public, *with Diving Board 1-2pm			Public				AquaFun		Public								
	Leisure Pool			Parent & Toddler	Public, Flumes 10.30am-5pm, Rapids 12.30-4.30pm														
Tuesday 23 April	Fitness Pool	Public, *3 lanes Colchester Swim Club 6-7.30am			Schools	Ladies Only	Public		Schools	Lessons		Colchester Swim Club	Public, *2 lanes Phoenix 6.30-7.30pm, 3 lanes Water Polo 8.30-9pm	Water Polo Club					
	Teaching Pool		Water Workout	Schools	Lessons	Public		Schools	Lessons		Colchester Swim Club	Public	Water Polo Club						
	Dive Pit			Schools	Deep Water Workout	Public		Schools	Lessons		Colchester Swim Club	Public	Water Polo Club						
	Leisure Pool			Lessons	Parent & Toddler	Public, Flumes 12.30am-6pm, No Rapids													

Please note: all Public swim sessions will finish 5 minutes before the finish time to allow for changeovers