



# February Half Term Pool Timetable

9 to 19 February

**AquaFun** – a bumper fun packed session. Take the AquaFun challenge and run on the giant inflatable.

**AquaSplat** – a fun submarine in the teaching pool. For under 5s and non-swimmers.

**Teaching Pool**  
Ideal for absolute beginners and children

**Fitness Pool**  
25 metre, competition standard 6 lane pool (20 metres when diving board in use and during Aqua Freestyle)

**Dive Pit**  
Available for deep water workouts

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
Friday	Fitness Pool	Public *3 lanes Colchester Swim Club 6 – 7.30am			Schools				Public			Lessons	2 lanes Lessons 4 lanes Public	Colchester Swim Club	Essex University Swim, Water Polo Club		3 lanes Public 3 lanes Tri Club		
	Teaching Pool		Shallow Water Workout		Schools	Lessons		Public			Lessons		Public						
	Dive Pit				Schools			Staff Training			Lessons		Colchester Swim Club	Essex University		Public			
	Leisure Pool				Parent & Toddler						Public 12pm-8pm, Flumes 12.30pm-6pm								
Saturday	Fitness Pool		Public		Lessons		Public 3 lanes Public, 3 lanes Lessons 12-1pm		AquaFun	Public			Phoenix Swim Club		Scuba Club				
	Teaching Pool		Public		Lessons		Public		AquaSplat	Available for Private Hire			Phoenix Swim Club		Closed Club Hire				
	Dive Pit				Lessons		Public with Diving board		AquaFun	Public			Phoenix Swim Club		Scuba Club				
	Leisure Pool			Lessons			Public 10am-6pm, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm								Available for Private Hire				
Sunday	Fitness Pool		Colchester Swim Club				Public		AquaFun	Public shared with Lifesaving		Lifesaving	Water Polo	Colchester Swim Club					
	Teaching Pool			Lessons			Public		AquaSplat	Public									
	Dive Pit		Colchester Swim Club				Public	with Diving board	AquaFun	Public		Lifesaving	Water Polo	Colchester Swim Club					
	Leisure Pool						Public 10am-6pm, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm								Available for Private Hire				
Monday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am						AquaFun	Public		Colchester Swim Club		Public		Ladies Only	Free Diving		
	Teaching Pool		Shallow Water Workout			Kids Camp		Public	AquaSplat			Public							
	Dive Pit						Deep Water Workout	Public	with Diving board	AquaFun	Public	Colchester Swim Club		Public		Deep Water Workout			
	Leisure Pool			Parent & Toddler				Public 10am-8pm, Flumes 10.30am-6pm, Rapids 12.30-4.30pm											
Tuesday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am						Public			Colchester Swim Club		Public *2 lanes Phoenix 6.30-7.30pm 3 lanes Water Polo 8.30-9pm Aqua Freestyle 7.40-8.25pm		Water Polo			
	Teaching Pool		Shallow Water Workout			Kids Camp		Public			Public								
	Dive Pit						Deep Water Workout		Public			Colchester Swim Club		Public	Water Polo	Scuba Club			
	Leisure Pool			Parent & Toddler				Public 10am-8pm, Flumes 10.30am-6pm, Rapids 12.30-4.30pm											
Wednesday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am						AquaFun	Public		Colchester Swim Club		Ladies Only					
	Teaching Pool					Kids Camp		Public	AquaSplat			Public							
	Dive Pit		Deep Water Workout					Public	with Diving board	AquaFun		Public	Colchester Swim Club	Aqua Bump	Deep Water Workout				
	Leisure Pool			Parent & Toddler				Public 10am-8pm, Flumes 10.30am-6pm, Rapids 12.30-4.30pm											
Thursday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am						Public			AquaFun	Public	Colchester Swim Club		Public *2 lanes Phoenix 6.30-7.30pm			
	Teaching Pool					Kids Camp		Public	AquaSplat			Public							
	Dive Pit							Public	with Diving board	AquaFun	Public	Colchester Swim Club		Public					
	Leisure Pool			Parent & Toddler				Public 10am-8pm, Flumes 10.30am-6pm, Rapids 12.30-4.30pm											
Friday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am										Colchester Swim Club	Essex University		3 lanes Public 3 lanes Tri Club			
	Teaching Pool			Shallow Water Workout		Kids Camp					Public								
	Dive Pit										Public		Colchester Swim Club	Essex University		Public			
	Leisure Pool			Parent & Toddler				Public 10am-8pm, Flumes 10.30am-6pm, Rapids 12.30-4.30pm											
Saturday	Fitness Pool								AquaFun	Public			Phoenix Swim Club		Scuba Club				
	Teaching Pool								AquaSplat	Available for Private Hire			Phoenix Swim Club 5-6pm, Club Hire 6-9pm						
	Dive Pit							Public with Diving board	AquaFun	Public			Phoenix Swim Club		Scuba Club				
	Leisure Pool							Public 10am-6pm, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm							Available for Private Hire				
Sunday	Fitness Pool		Colchester Swim Club				Public		AquaFun	Public			Public		Water Polo	Colchester Swim Club			
	Teaching Pool						Public		AquaSplat	Public									
	Dive Pit		Colchester Swim Club				Public	with Diving board	AquaFun	Public			Public		Water Polo	Colchester Swim Club			
	Leisure Pool							Public 10am-6pm, Flumes 10.30am-5.30pm, Rapids 12.30-4.30pm							Available for Private Hire				
Monday	Fitness Pool		Public *3 lanes Colchester Swim Club 6 – 7.30am	Lessons	Schools			Public	Schools	Public	Lessons	Colchester Swim Club		Public		Ladies Only	Free Diving		
	Teaching Pool		Shallow Water Workout	Lessons	Schools	Lessons		Public	Schools		Lessons		Public		Lessons				
	Dive Pit			Lessons	Schools	Deep Water Workout			Schools	Staff Training		Lessons	Colchester Swim Club		Public		Deep Water Workout		
	Leisure Pool			Parent & Toddler				Public 12pm-8pm, Flumes 12.30pm-6pm											

Book now for kids activities programme [colchesterleisureworld.co.uk/holidayfun](http://colchesterleisureworld.co.uk/holidayfun)