



May Holiday Pools Timetable

Friday 24 May - Monday 3 June 2019

Enrol in our Swim School:
colchesterleisureworld.co.uk/swimschool

AquaFun – a bumper fun-packed session. Take the AquaFun challenge and run on the giant inflatable.

AquaSplat – a fun inflatable submarine in the teaching pool. For under 5's and non-swimmers.

Teaching Pool
 Ideal for absolute beginners and children.

Fitness Pool
 25 metre, competitive standard 6 lane pool (20 metres when diving board in use).

Dive Pit
 Available for deep water workouts.

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm		
Friday 24 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am			Schools	Public			Schools	Public	Lessons	2 lanes lessons 4 lanes public	Colchester Swim Club	Essex Uni; Swim, Water Polo Club	3 lanes public 3 lanes Tri Club					
	Teaching Pool		Water Workout		Schools		Lessons	Public	Schools	Public	Lessons	Public								
	Dive Pit				Schools				Schools			Lessons	Colchester Swim Club	Essex Uni; Swim, Water Polo Club	Public					
	Leisure Pool				Lessons	Parent and toddler	Public (Flumes 12:30-6pm, No Rapids)													
Saturday 25 May	Fitness Pool	Public								Aqua Fun	Public	Phoenix Swim Club	Scuba Club							
	Teaching Pool	Public								Aqua Fun	Available for Private Hire	Phoenix Swim Club								
	Dive Pit						Public with diving board 1-2pm		Aqua Fun	Public	Phoenix Swim Club	Scuba Club								
	Leisure Pool	Public (10am-6pm, Flumes 10:30am-5:30pm, Rapids 12:30-4:30pm)												Available for Private Hire						
Sunday 26 May	Fitness Pool	Colchester Swim Club	Public								Aqua Fun	Public		Water Polo Club						
	Teaching Pool		Public								Aqua Fun	Available for Private Hire								
	Dive Pit	Colchester Swim Club		Public								with diving board 1-2pm	Aqua Fun	Public		Water Polo Club				
	Leisure Pool	Public (10am-6pm, Flumes 10:30am-5:30pm, Rapids 12:30-4:30pm)												Available for Private Hire						
Monday 27 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am																		
	Teaching Pool	Public								Aqua Splat	Public									
	Dive Pit						Public	with diving board 1-2pm	Public											
	Leisure Pool		Parent and Toddler	Public (10am-5:30pm, Flumes 10:30am-5pm, Rapids 12:30-4:30pm)																
Tuesday 28 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am				Ladies Only	Public			Colchester Swim Club	Public 6:30-9pm Phoenix Swimming Club 6:30-7:30 2 lanes Water Polo 6:30-9pm 3 lanes		Water Polo Club							
	Teaching Pool		Water Workout		Kids Camp	Public														
	Dive Pit				Deep Water Workout	Public					Colchester Swim Club	Public		Water Polo Club	Scuba Club					
	Leisure Pool		Parent and Toddler	Public (10am-8pm, Flumes 10:30am-6pm, Rapids 12:30-4:30pm)																
Wednesday 29 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am												Aqua Fun	Public		Colchester Swim Club	Ladies Only		
	Teaching Pool				Kids Camp	Public								Aqua Splat	Public					
	Dive Pit		Deep Water Workout				Public	with diving board 1-2pm	Aqua Fun			Public		Colchester Swim Club	Deep Water Workout					
	Leisure Pool		Parent and Toddler	Public (10am-8pm, Flumes 10:30am-6pm, Rapids 12:30-4:30pm)																
Thursday 30 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am				Ladies Only	Public			Aqua Fun	Colchester Swim Club		Public 6:30-10pm Phoenix Swim Club 6:30-7:30 2 lanes							
	Teaching Pool				Kids Camp	Public								Aqua Splat	Public					
	Dive Pit						Public	with diving board 1-2pm	Aqua Fun			Colchester Swim Club		Public						
	Leisure Pool		Parent and Toddler	Public (10am-8pm, Flumes 10:30am-6pm, Rapids 12:30-4:30pm)																
Friday 31 May	Fitness Pool	Public *3 lanes swim club 6 – 7:30am												Colchester Swim Club	Essex Uni; Swim, Water Polo Club	3 lanes Public 3 lanes Tri Club				
	Teaching Pool		Water Workout		Kids Camp	Public														
	Dive Pit								Public			Colchester Swim Club	Essex Uni; Swim, Water Polo Club	Public						
	Leisure Pool		Parent and Toddler	Public (Flumes 10:30-6pm, Rapids 12:30-4:30pm subject to weather conditions)																
Saturday 1 June	Fitness Pool	Public		Lessons	Public, 3 lanes public, 3 lanes lessons 12-1pm			Aqua Fun	Public	Phoenix Swim Club	Scuba Club									
	Teaching Pool	Public		Lessons	Public			Aqua Splat	Available for Private Hire	Phoenix Swim Club										
	Dive Pit			Lessons	Public with diving board 1-2pm			Aqua Fun	Public	Phoenix Swim Club	Scuba Club									
	Leisure Pool		Lessons	Public (Flumes 10:30-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)												Available for Private Hire				
Sunday 2 June	Fitness Pool	Colchester Swim Club	Public								Aqua Fun	Public Shared with Lifesaving	Lifesaving	Water Polo Club						
	Teaching Pool		Lessons	Public								Aqua Splat	Available for Private Hire	Public						
	Dive Pit	Colchester Swim Club		Public								with diving board 1-2pm	Aqua Fun	Public		Lifesaving	Water Polo Club			
	Leisure Pool	Public (Flumes 10:30-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)												Available for Private Hire						
Monday 3 June	Fitness Pool	Public *3 lanes swim club 6 – 7:30am			Lessons	Schools	Public			Schools	Public	Lessons	Colchester Swim Club	Public		Ladies Only	Free Diving/ Essex Uni			
	Teaching Pool		Water Workout	Lessons	Schools	Lessons	Public			Schools	Lessons		Public		Lessons					
	Dive Pit			Lessons	Schools	Deep Water Workout	Public			Schools		Lessons	Colchester Swim Club	Public	AquaBump 7:15-8:00pm	Deep Water Workout				
	Leisure Pool		Lessons	Parent and Toddler	Public (Flumes 12:30-6pm, No Rapids)															

Swimmers are asked to exit the pool 5 minutes before the end of a public swim session to allow staff time to prepare and clean for the next booking.

Please check website for live updates and amendments to timetable
colchesterleisureworld.co.uk/pools