



# February Holiday Pools Timetable

## Friday 15 - Monday 25 February 2019

Enrol in our Swim School:  
[colchesterleisureworld.co.uk/swimschool](http://colchesterleisureworld.co.uk/swimschool)

**AquaFun** – a bumper fun-packed session. Take the AquaFun challenge and run on the giant inflatable.

**AquaSplat** – a fun inflatable submarine in the teaching pool. For under 5's and non-swimmers.

**Teaching Pool**  
 Ideal for absolute beginners and children.

**Fitness Pool**  
 25 metre, competitive standard 6 lane pool (20 metres when diving board in use).

**Dive Pit**  
 Available for deep water workouts.

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm	11pm	
Friday 15 February			Public *3 lanes swim club 6 – 7:30am		Schools		Public				Lessons	2 lanes lessons 4 lanes public	Colchester Swim Club	Essex Uni; Swim, Water Polo Club		3 lanes public 3 lanes Tri Club			
			Water Workout		Schools		Public				Lessons			Public					
					Schools				Staff Training		Lessons		Colchester Swim Club	Essex Uni; Swim, Water Polo Club		Public			
				Lessons	Parent and toddler		Public (Flumes 12:30-6pm, No Rapids)												
Saturday 16 February			Public		Lessons		Public 3 lanes public, 3 lanes lessons 12-1pm			Aqua Fun		Public	Phoenix Swim Club		Scuba Club				
			Public		Lessons		Public			Aqua Splat		Available for Private Hire	Phoenix Swim Club						
					Lessons		Public with diving board 1-2pm			Aqua Fun		Public	Phoenix Swim Club		Scuba Club				
				Lessons	Public (Flumes 10:30am-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)													Available for Private Hire	
Sunday 17 February			Colchester Swim Club		Public					Aqua Fun		Public shared with Lifesaving		Lifesaving		Water Polo Club			
				Lessons		Public				Aqua Splat		Available for Private Hire	Public						
			Colchester Swim Club		Public		with diving board 1-2pm			Aqua Fun		Public		Lifesaving		Water Polo Club			
				Public (Flumes 10:30am-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)													Available for Private Hire		
Monday 18 February			Public *3 lanes swim club 6 – 7:30am		Lessons		Public			Aqua Fun		Lessons	Colchester Swim Club		Public		Ladies Only	Free Diving/Essex Uni	
			Water Workout		Lessons		Public			Aqua Splat		Lessons		Public		Lessons			
					Lessons		Deep Water Workout		Public	with diving board 1-2pm	Aqua Fun		Lessons	Colchester Swim Club	Public	AquaBump 7:15-8:00pm	Deep Water Workout		
				Lessons	Public (Flumes 10:30am-6pm, Rapids 12:30-4:30pm subject to weather conditions)														
Tuesday 19 February			Public *3 lanes swim club 6 – 7:30am		Ladies Only		Public			Aqua Fun		Lessons	Colchester Swim Club		Public 6:30-9pm Phoenix Swimming Club 6:30-7:30 2 lanes Water Polo 8:30-9pm 3 lanes		Water Polo Club		
			Water Workout		Lessons		Public			Aqua Splat		Lessons		Public					
					Deep Water Workout		Public		with diving board 1-2pm	Aqua Fun		Lessons	Colchester Swim Club	Public		Water Polo Club			
				Parent and Toddler	Public (Flumes 10:30am-6pm, Rapids 12:30-4:30pm subject to weather conditions)														
Wednesday 20 February			Public *3 lanes swim club 6 – 7:30am		Lessons		Public			Lessons		Public	Colchester Swim Club		Lessons	Ladies Only			
					Lessons		Public			Lessons		Public		Lessons					
			Deep Water Workout							Lessons		Public	Colchester Swim Club		Deep Water Workout				
				Parent and Toddler	Public (Flumes 10:30am-6pm, Rapids 12:30-4:30pm subject to weather conditions)														
Thursday 21 February			Public *3 lanes swim club 6 – 7:30am		Ladies Only		Public			Aqua Fun		Lessons	Colchester Swim Club		Public 6:30-10pm Phoenix Swimming Club 6:30-7:30 2 lanes 2 lanes swim/fitness coached sessions 7:30-8:30pm				
					Lessons		Public			Aqua Splat		Lessons		Public					
					Public		with diving board 1-2pm			Aqua Fun		Lessons	Colchester Swim Club		Public				
				Parent and Toddler	Public (Flumes 10:30-6pm, Rapids 12:30-4:30pm subject to weather conditions)														
Friday 22 February			Public *3 lanes swim club 6 – 7:30am		Lessons		Public			Lessons		2 lanes lessons 4 lanes public	Colchester Swim Club	Essex Uni; Swim, Water Polo Club		3 lanes public 3 lane Tri Club			
			Water Workout		Lessons		Public			Lessons				Public					
										Lessons			Colchester Swim Club	Essex Uni; Swim, Water Polo Club		Public			
				Parent and Toddler	Public (Flumes 10:30-6pm, Rapids 12:30-4:30pm subject to weather conditions)														
Saturday 23 February			Public		Lessons		Public 3 lanes public, 3 lanes lessons 12-1pm			Aqua Fun		Public	Phoenix Swim Club		Scuba Club				
			Public		Lessons		Public			Aqua Splat		Available for Private Hire	Phoenix Swim Club						
					Lessons		Public with diving board 1-2pm			Aqua Fun		Public	Phoenix Swim Club		Scuba Club				
				Lessons	Public (Flumes 10:30-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)													Available for Private Hire	
Sunday 24 February			Colchester Swim Club		Public					Aqua Fun		Public Shared with Lifesaving		Lifesaving		Water Polo Club			
				Lessons		Public				Aqua Splat		Available for Private Hire	Public						
			Colchester Swim Club		Public		with diving board 1-2pm			Aqua Fun		Public		Lifesaving		Water Polo Club			
				Public (Flumes 10:30-5:30pm, Rapids 12:30-4:30pm subject to weather conditions)													Available for Private Hire		
Monday 25 February			Public *3 lanes swim club 6 – 7:30am		Lessons	Schools		Public		Schools		Public	Lessons	Colchester Swim Club		Public	Ladies Only	Free Diving/Essex Uni	
					Lessons	Schools		Lessons		Public		Schools		Lessons		Public	Lessons		
					Lessons	Schools		Deep Water Workout		Schools		Staff Training		Colchester Swim Club	Public	AquaBump 7:15-8:00pm	Deep Water Workout		
				Lessons	Parent and Toddler	Public (Flumes 12:30-6pm, No Rapids)													

Swimmers are asked to exit the pool 5 minutes before the end of a public swim session to allow staff time to prepare and clean for the next booking.

Please check website for live updates and amendments to timetable  
[colchesterleisureworld.co.uk/pools](http://colchesterleisureworld.co.uk/pools)