

NOTES & GUIDANCE FOR SUPERVISING CLIMBERS

Those that have passed the competency test at reception and are registered at Leisure World Tiptree have the option of signing in and supervising up to two novice / junior climbers.

Equipment:

Ensure that you are familiar with the manufacturer's guidelines relating to all of the equipment that you are going to use during your session.

Supervisors can only operate at the limit of their technical knowledge:

This means that if you are registered at the sports centre as a climber that is competent to top rope, then you can only supervise your guest(s) for that particular type of climbing.

Supervisors must have a line of site to the supervisee and be in a position to intercede with whatever the novice / young person is doing:

This means that they must be in a position to check the equipment and make sure that everything in the safety chain is set up correctly. It is considered best practice to back up the break rope when teaching someone how to belay and you should stand close enough to physically assist or take over should it be necessary.

Lead Climbing:

If you are a competent registered Lead Climber and wish to teach your guests then it is your responsibility to explain the significantly greater risks involved in this type of climbing. It is suggested by the management of Leisure World Tiptree, that the first quick draw is pre-clipped prior to starting a route. This will help to reduce the possibility of a ground fall should the climber unexpectedly fall close to the ground and help to minimise the risk of injury. No one under the age of 16 is permitted to belay for a Lead climber, unless they have proof of attending a recognised training course, have achieved a level 4 certificate through the NICAS scheme as well as demonstrate their ability in the presence of one of our instructors.

In the interest of health and safety, Leisure World Tiptree reserve the right to impose its own limits and boundaries about the type of climbing that can take place by individuals using the climbing wall.